

Plants for Birds, Hummingbirds, Butterflies & Butterfly Caterpillars of California

Plant list compiled by Marcia Van Loy
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| Common Name | Scientific Name | Plant Type | Sun Exposure | Water Needs | Plants attract the following |
|----------------------|------------------------|------------|-----------------|----------------|---|
| Abelia | Abelia | S | Full | Reg. | Birds, butterflies |
| Abutilon | Abutilon | S | Full to partial | Mod. to Reg. | Hummingbirds, butterflies, caterpillars |
| Agastache | Agastache | P | Full to partial | Mod. | Hummingbirds, butterflies, bees |
| Agave spp. | Agave spp. | N, SC | Full or partial | Little to Mod. | Hummingbirds, caterpillars, bees |
| Alfalfa | Alfalfa | P | Full | Mod. | Butterflies, caterpillars |
| Alstroemeria | Alstroemeria | P | Full | Reg. | Birds, hummingbirds |
| Alyssum, sweet | Lobularia | A | Full | Reg. | Hummingbirds, butterflies, bees |
| Aloe | Aloe | SC | Full | Little to none | Birds, hummingbirds |
| Amaranthus | Amaranthus | A | Full to partial | Reg. | Caterpillars |
| Angel's Trumpet | Brugmansia | S | Full to partial | Reg. | Hummingbirds |
| Arbutus | Arbutus menziesii | N, T, S | Full | Little to Mod. | Hummingbirds, caterpillars |
| Artemisia | Artemisia spp. | P, S | Full | Little to Mod. | Caterpillars |
| Arugula | Arugula | A | Full | Reg. | Caterpillars |
| Aspen | Populus | T | Full | Reg. | Caterpillars |
| Aster | Aster spp. | P | Full | Reg. | Butterflies, caterpillars, bees |
| Azalea | Rhododendron | S | Filtered light | Reg. | Hummingbirds, butterflies, caterpillars |
| Baby tears | Soleirolia | P | Full | Reg. | Caterpillars |
| Bachelor's button | Centaurea spp. | A, P | Full | Mod. | Hummingbirds, butterflies, caterpillars, bees |
| Bearded Tongue | Penstemon spp. | P | Full | Little to Mod. | Butterflies, hummingbirds, caterpillars |
| Bee Balm | Monarda | P | Full to partial | Reg. | Hummingbirds, butterflies |
| Bellflower | Campanula | P, A | Full | Mod. To Reg. | Hummingbirds |
| Berries | Berry plants | S, T | Full | Vary | Birds |
| Bidens | Bidens spp. | N, P | Full | Little to Mod. | Butterflies, bees |
| Birch | Betula spp. | T | Full | Reg. | Birds, butterflies, caterpillar |
| Bishop's lace | Ammi majus | A | Full | Mod. to Reg. | Butterflies, beneficial insects |
| Black-eyed Susan | Rudbeckia | P | Full | Mod. to Reg. | Birds, butterflies, beneficial insects |
| Bleeding heart | Dicentra | P | Shade | Reg. | Birds, butterflies |
| Bluebeard | Caryopteris | S | Full | Mod. | Butterflies |
| Blue flax | Linum lewisii | N, P, A | Full | Mod. | Hummingbirds |
| Bluestar | Amsonia | P | Full to partial | Mod. to Reg. | Hummingbirds, butterflies |
| Borage | Borago | A | Full | Little to Mod. | Caterpillars, bees |
| Bottle brush | Callistemon | S, T | Full | Mod. to Reg. | Hummingbirds |
| Bramble | Rubus | S | Full to partial | Mod. | Berries for birds; nectar for butterflies |
| Brazilian verbena | Verbena bonariensis | P, A | Full | Vary | Butterflies |
| Buckeye | Aesculus | S | Full | Reg. | Hummingbirds, butterflies, caterpillars |
| Buckwheat | Eriogonum spp. | N, S | Full | Little to Mod. | Birds, butterflies, caterpillars, bees |
| Butterfly bush | Buddleja | S | Full to partial | Mod. to Reg. | Birds, butterflies |
| Button bush | Cephalanthus | S, T | Full to partial | Reg. | Butterflies |
| Cabbage | Cabbage, broccoli spp. | A | Full | Reg. | Caterpillars |
| Cactus, varieties | Cactus | N, P | Full | Little | Hummingbirds |
| Caesalpinia | Caesalpinia | S | Full | Little to Mod. | Hummingbirds |
| Calendula | Calendula | A | Full | Mod. | Butterflies |
| Callicarpa | Callicarpa | S | Full | Mod. | Birds |
| Calliandra | Calliandra eriophylla | N, P | Full | Little to Mod. | Hummingbirds, bees |
| California goldenrod | Salidago californica | N, S | Full | Little to none | Butterflies, bees |
| California fuchsia | Zauschneria | N, S, P | Full | Little to Mod. | Hummingbirds & butterflies |

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|----------------------|-------------------------|------------|-----------------|----------------|--|
| California lilac | Ceanothus | N, S | Full | Little to none | Birds, butterflies, caterpillars, bees |
| California poppy | Eschscholzia | N, A | Full | Little to Reg. | Birds, bees |
| California sunflower | Encelia californica | N, S | Full | Little to none | Butterflies, caterpillars |
| Cardinal Flower | Lobelia fulgens | P | Full | Mod. | Hummingbirds, butterflies |
| China Aster | Callistephus | A | Full | Reg. | Butterflies |
| Chinese houses | Collinsia heterophylla | A | Part shade | Reg. | Butterflies |
| Cape honeysuckle | Tecoma capensis | S, V | Full | Mod. | Hummingbirds, butterflies |
| Carrot | Carrot | A | Full | Reg. | Caterpillars |
| Cassia | Cassia (see also Senna) | T | Full | Little to Mod. | Butterflies, caterpillars |
| Catnip | Nepeta | P | Full to partial | Mod. | Butterflies, bees |
| Ceanothus | Ceanothus spp. | N, S, GC | Full | Little to none | Birds, butterflies, caterpillars, bees |
| Centranthus ruber | Centranthus | P | Full to partial | Little to Mod. | Birds, butterflies |
| Cestrum | Cestrum | S | Part shade | Reg. | Hummingbirds, butterflies |
| Citrus | Citrus spp. | T, S | Full | Reg. | Birds, butterflies, caterpillars, bees |
| Chasmanthe | Chasmanthe | P/corm | Full | None | Hummingbirds |
| Cherry, wild | Prunus spp. | T | Full | Mod. to Reg. | Birds, butterflies, caterpillars |
| Chinese houses | Collinsia heterophylla | N, A | Full | Reg. | Butterflies |
| Chokeberry | Aronia | S | Full | Mod. | Birds |
| Clarkia | Clarkia | A | Full | Reg. | Birds |
| Clematis | Clematis spp. | V, P | Full to partial | Reg. | Birds, hummingbirds, butterflies |
| Cleome | Cleome | A | Full | Mod. to Reg. | Hummingbirds |
| Clethra | Clethra | S, T | Part shade | Reg. | Hummingbirds, butterflies |
| Clover | Trifolium repens | P | Full to partial | Reg. | Butterflies, caterpillars |
| Columbine | Aquilegia | N, P | Full to partial | Reg. | Birds, hummingbirds, butterflies |
| Coneflower | Echinacea | P | Full | Mod. to Reg. | Birds, butterflies, bees |
| Coral bells | Heuchera | P | Full | Mod. | Birds, hummingbirds |
| Coral tree | Erythrina | T | Full | Mod. | Birds |
| Coreopsis | Coreopsis spp. | P, A | Full | Little to Mod. | Birds, butterflies |
| Cosmos | Cosmos spp. | P, A | Full | Mod. | Birds, butterflies |
| Cottonwood | Populus spp. | T | Full | Reg. | Butterflies, caterpillars |
| Coyote brush | Baccharis pilularis | S, N | Full | Little to Mod. | Butterflies, caterpillars, bees |
| Coyote mint | Monardella villosa | N, P | Full | Little | Butterflies |
| Crabapple, flowering | Malus | T | Full | Mod. to Reg. | Butterflies, caterpillars |
| Crocasmia | Crocasmia | P/corm | Full | Reg. | Birds, hummingbirds |
| Crossvine | Bignonia | V | Full to partial | Mod. to Reg. | Hummingbirds |
| Cuphea | Cuphea spp. | S | Full | Reg. | Hummingbirds |
| Currants | Ribes spp. | N, S | Full to partial | Vary | Birds, butterflies |
| Dame's rocket | Hesperis | P | Full to partial | Reg. | Hummingbirds, butterflies |
| Daylily | Hemerocallis | P | Full to partial | Reg. | Birds, butterflies |
| Delphinium | Delphinium | P, A | Full | Reg. | Birds, hummingbirds |
| Delphinium | Delphinium cardinale | N | Full | Reg. | Hummingbirds |
| Desert bells | Phacelia campanularia | N, A | Full | Little to Mod. | Butterflies, bees, beneficial insects |
| Desert willow | Chilopsis linearis | N, S, T | Full | Little to Mod. | Hummingbirds |
| Dianthus | Dianthus | P | Full to partial | Reg. | Butterflies |
| Dill | Anethum | H | Full | Reg. | Caterpillars, beneficial insects |
| Dogwood | Cornus spp. | S, T | Full | Reg. | Caterpillars, a variety of wildlife |
| Dudleya | Dudleya | SC | Full | Mod. | Butterflies |
| Dusty miller | Centaurea spp. | A, P | Full | Mod. | Hummingbirds, butterflies, bees |

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|---------------------|-----------------------|------------|-----------------|----------------|--|
| Dutchman's Pipe | Aristolochia | V | Full to partial | Reg. | Butterflies, caterpillars |
| Echinacea | Echinacea | P | Full | Mod. to Reg. | Butterflies, bees |
| Elderberry | Sambucus | N, S, T | Full | Reg. | Birds, hummingbirds, butterflies |
| Elm | Ulmus spp. | T | Full | Reg. | Caterpillars |
| Evening primrose | Oenothera | P | Full to partial | Mod. | Hummingbirds |
| Fairy duster | Calliandra | S | Full | Vary | Hummingbirds |
| False indigo | Baptisia | N, P, S | Full | Mod. | Caterpillars |
| False nettle | Bohemeria spp. | P | Shade | Mod. To Reg. | Caterpillars |
| False spirea | Astilbe | P | Full | Reg. | Butterflies |
| Fennel, sweet | Foeniculum | H | Full | Mod. | Butterflies, caterpillar, beneficial insects |
| Fern bush | Chamaebatiaria | S | Full | Little to Mod. | Butterflies, bees |
| Figwort, Calif. | Scrophularia | P | Full to partial | Ample | Hummingbirds, butterflies |
| Firecracker plant | Russelia | S | Full to partial | Little to Mod. | Hummingbirds |
| Flame vine | Pyrostegia | V | Full | Mod. | Birds, hummingbirds |
| Fleabane | Erigeron spp. | N, P | Full to partial | Mod. | Butterflies, caterpillars |
| Four O'Clock | Mirabilis californica | N, P, A | Full | Little | Hummingbirds |
| Forget-me-not | Myosotis | P, A | Full to partial | Reg. | Butterflies |
| Foxglove | Digitalis | P | Full | Reg. | Birds, butterflies |
| Fruit trees | Fruit trees | T | Full | Reg. | Birds |
| Fuchsia | Fuchsia spp. | S | Full to partial | Reg. | Hummingbirds |
| Fuchsia, Australian | Correa | S | Full to partial | Mod. | Hummingbirds |
| Fuchsia, California | Zauschneria | S, P | Full | Little to Mod. | Hummingbirds, butterflies |
| Fuchsia, cape | Phygelius | P | Full | Reg. | Hummingbirds |
| Gaillardia | Gaillardia | P, A | Full | Mod. | Birds, butterflies |
| Gaura | Gaura | P | Full | Mod. | Butterflies |
| Gayfeather | Liatris | P | Full | Reg. | Butterflies |
| Geranium | Pelargonium spp. | S | Full | Mod. to Reg. | Birds, hummingbirds |
| Gilia | Gilia spp. | N, A | Full | Little to Mod. | Hummingbirds, butterflies, bees |
| Gladiolus | Gladiolus spp. | P | Full | Reg. | Hummingbirds |
| Globe amaranth | Gomphrena | A | Full to partial | Mod. | Caterpillars |
| Globe thistle | Echinops | P | Full | Mod. | Butterflies |
| Goat's beard | Aruncus | P | Full | Reg. | Butterflies |
| Goldenrod | Solidago | P | Full to partial | Mod. | Birds, butterflies |
| Gooseberry | Ribes species in CA | N, S | Full | Little to Mod. | Birds, hummingbirds, butterflies, caterpillars |
| Grasses | Grass spp. | P | Full | Reg. | Caterpillars |
| Grasses, ornamental | Grasses, ornamental | Vary | Vary | Vary | Birds |
| Grevillea | Grevillea | S | Full; vary | Little to Mod. | Hummingbirds |
| Hackberry | Celtis | N, T | Full to partial | Mod. | Birds, caterpillars |
| Hawthorn | Crataegus | T | Full | Mod. | Birds, butterflies |
| Heath | Daboecia | S | Full | Reg. | Caterpillars |
| Helictotrichon | Helictotrichon | P grass | Full | Reg. | Caterpillars |
| Heliotrope | Heliotropium | P | Full to partial | Reg. | Caterpillars |
| Hibiscus | Hibiscus spp. | S | Full | Reg. | Hummingbirds, butterflies |
| Hollyhock | Alcea rosea | A | Full to partial | Reg. | Birds, butterflies, caterpillars |
| Honeysuckle | Lonicera spp. | S, V | Full to partial | Low to Reg. | Birds, hummingbirds, butterflies |
| Honeysuckle, desert | Anisacanthus | S | Vary | Mod. | Hummingbirds, butterflies |
| Honeysuckle, Cape | Tecoma capensis | S, V | Full | Mod. | Hummingbirds, butterflies |
| Hops | Humulus lupulus | P | Full | Reg. | Caterpillars |
| Hosta | Hosta | P | Shade | Reg. | Hummingbirds, caterpillars |
| Huckleberry | Vaccinium | S | Vary | Vary | Butterflies, birds |
| Hummingbird bush | Dicliptera sericea | P | Full | Vary | Birds, hummingbirds |
| Hummingbird mint | Agastache | P | Full to partial | Mod. | Hummingbirds, butterflies, bees |

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|---------------------|-------------------------|------------|-----------------|----------------|--|
| Hyssop | Hyssopus | P | Full | Mod. | Butterflies, bees |
| lochroma | lochroma | S | Full to partial | Reg. | Hummingbirds |
| Ipomopsis | Ipomopsis aggregata | N, P | Full | None | Hummingbirds |
| Jasmine | Jasminum | S, V | Full to partial | Mod. | Hummingbirds |
| Joe Pye Weed | Eupatorium spp. | P | Full to partial | Mod./vary | Butterflies |
| Jupiter's beard | Centranthus ruber | P | Full to partial | Little to mod. | Birds, butterflies |
| Justicia | Justicia californica | N, S | Full | Little to Mod. | Hummingbirds |
| Kangaroo Paw | Anigozanthos | P | Full | Reg. | Hummingbirds |
| Lantana | Lantana spp. | S, GC | Full | Little to mod. | Butterflies |
| Larkspur | Delphinium spp. | A | Full | Reg. | Birds, hummingbirds |
| Lavender | Lavandula spp. | S | Full | Mod. | Birds, butterflies, bees |
| Lavender starflower | Grewia | S | Full | Reg. | Butterflies |
| Legumes | Legumes | A, P | Varies | Varies | Butterflies, caterpillars |
| Lilac - Calif. | Ceanothus spp. | N, S,GC | Full sun | Little to none | Birds, butterflies, bees |
| Lily | Lilium spp. | P | Full | Reg. | Hummingbirds, butterflies |
| Lily-of-the-Nile | Agapanthus | P | Full to partial | Little to Mod. | Butterflies |
| Linaria | Linaria | A, P | Full to partial | Reg. | Butterflies |
| Lion's tail | Leonotis leonurus | S | Full | Little to none | Birds |
| Lobelia | Lobelia spp. | P, A | Vary | Vary | Hummingbirds, butterflies |
| Locust | Robinia neomexicana | N, T, S | Full | Little to Mod. | Hummingbirds, caterpillars |
| Lobelia, Mexican | Lobelia laxiflora | P | Full | Little to Mod. | Hummingbirds, butterflies |
| Loosestrife | Lysimachia spp. | P | Full - partial | Mod. | Caterpillars |
| Lotus | Lotus | P | Full - partial | Reg. | Caterpillars |
| Lupine | Lupinus arboreus | N, A, P | Full | Little to Mod. | Hummingbirds, butterflies, caterpillars |
| Mahonia | Mahonia | S | Full/vary | Vary | Birds, butterflies |
| Mallow | Malva spp. | P, S | Full | Reg. | Butterflies, caterpillars |
| Mallow, tree | Lavatera | T, S | Full | Reg. | Birds, butterflies |
| Manzanita | Arctostaphylos | N, S | Full | Little to Mod. | Birds, caterpillars |
| Marigold | Tagetes spp. | A, P | Full | Reg. | Butterflies, caterpillars |
| Melaleuca | Melaleuca | S, T | Full | Little to Mod. | Birds |
| Mesquite | Prosopis spp. | T | Full | Little to Mod. | Birds, butterflies, caterpillars |
| Metrosideros | Metrosideros | T, S | Full | Mod. | Birds, butterflies |
| Mexican bush sage | Salvia leucantha | P, S | Full | Mod. to Reg. | Hummingbirds, butterflies, bees |
| Mexican lobelia | Lobelia laxiflora | P | Full | Little to Mod. | Hummingbirds, butterflies |
| Mexican sunflower | Tithonia | P, A | Full | Reg. | Hummingbirds, butterflies |
| Milkweed | Asclepias spp. | P | Full | Low to Reg. | Birds, butterflies, caterpillars, beneficial insects |
| Milkweed | Asclepias californica | N | Full | Low to Reg. | Birds, butterflies, caterpillars |
| Milkweed | Asclepias Eriocarpa | N | Full | Low to Reg. | Birds, butterflies, caterpillars |
| Milkweed | Asclepias fascicularis | N | Full | Low to Reg. | Birds, butterflies, caterpillars |
| Milkweed | Asclepias speciosa | N | Full | Low to Reg. | Birds, butterflies, caterpillars |
| Mimosa | Albizia | T | Full to partial | Reg. | Birds, butterflies |
| Mint | Monardella odoratissima | P, N | Full | Little | Hummingbirds |
| Mist flower | Eupatorium | P | Full to partial | Low to Reg. | Butterflies |
| Monardella | Monardella | N | Full | Little | Butterflies |
| Monkey flower | Mimulus spp. | N, P | Full | Low to Reg. | Hummingbirds, caterpillars |
| Monkey flower bush | Diplacus aurantiacus | N S | Full | Low to Reg. | Hummingbirds, caterpillars |
| Mountain laurel | Kalmia | S | Vary | Reg. | Butterflies |

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|-------------------|----------------------------|------------|-----------------|----------------|--|
| Mustard | Mustard | A, N | Full | Reg. | Caterpillars |
| Nasturtium | Tropaeolum | A, P | Full to partial | Mod. to Reg. | Hummingbirds, caterpillars |
| Nettle | Urtica spp | N | Full | Low to Mod. | Caterpillars |
| Oak | Quercus spp. | N, T | Full | Low to Reg. | Birds, caterpillars |
| Ocean mist | Holodiscus discolor | N, S | Partial shade | Little to mod. | Birds, butterflies |
| Ocotillo | Fouquieria spp. | S, T | Full | Little to mod. | Hummingbirds |
| Oregano | Origanum | P | Full | Little to mod. | Butterflies, bees |
| Paint brush | Ocastilleja spp. | Biannual | Full | Little to mod. | Hummingbirds |
| Palo Verde | Parkinsonia spp. | N, S, T | Full | Mod. to Reg. | Birds, hummingbirds |
| Paper flower | Psilostrophe cooperi | N, P | Full | Little to Mod. | Butterflies |
| Parsley | Petroselinum | H | Full | Reg. | Caterpillars, beneficial insects |
| Passion vine | Passiflora spp. | V | Full to partial | Mod. to Reg. | Butterflies, caterpillars |
| Penstemon | Penstemon spp. | P | Full | Low to Mod. | Butterflies, hummingbirds |
| Penstemon | Penstemon centranthifolius | N, P | Full to partial | Little to Mod. | Birds, hummingbirds, butterflies |
| Pentas | Pentas spp. | P | Full | Reg. | Butterflies |
| Phlox | Phlox spp. | P, A | Full to partial | Reg. | Hummingbirds, butterflies |
| Pincushion flower | Scabiosa spp. | A, P | Full | Mod. to Reg. | Butterflies, bees |
| Pine | Pinus spp. | T | Full | Little | Birds, Butterflies, caterpillars |
| Pineapple Guava | Feijoa sellowiana | T, S | Full | Reg. | Birds; beneficial insects |
| Pipevine | Aristolochia spp. | V | Full to partial | Reg. | Butterflies, caterpillars |
| Plumbago | Plumbago | S | Full | Little to Reg. | Butterflies, caterpillars |
| Poplar | Populus spp. | T | Full | Reg. | Caterpillars |
| Privet | Ligustrum | S, T | Full to partial | Reg. | Birds, butterflies, bees |
| Prunus | Prunus spp. | T, S | Full | Mod. to Reg. | Birds, butterflies, caterpillars |
| Prunus | Prunus lyonii & ilicifolia | N, T | Full | Mod. to Reg. | Birds, butterflies |
| Pyracantha | Pyracantha | S | Full | Mod. | Birds |
| Queen Anne's lace | Daucus carota | A | Full | Reg. | Caterpillars |
| Red bud | Cercis occidentalis | N, T | Full | Reg. | Hummingbirds, birds |
| Red-hot poker | Kniphofia | P | Full to partial | Mod. to Reg. | Hummingbirds |
| Rockcress | Arabis | P | Full | Mod. | Butterflies, caterpillars |
| Rockrose | Cistus | S | Full | Little to none | Butterflies |
| Rose of Sharon | Hibiscus | S | Full | Reg. | Hummingbirds, butterflies |
| Rosemary | Rosmarinus | S | Full | Little to Mod. | Hummingbirds, butterflies, bees |
| Rudbeckia | Rudbeckia | P | Full | Mod. to Reg. | Birds, butterflies, beneficial insects |
| Russian sage | Perovskia | S, P | Full | Little to Mod. | Butterflies, bees |
| Salvia, Sage | Salvia, Sage spp. | P, S, N | Full | Mod. to Reg. | Birds, butterflies, hummingbirds, bees |
| Salvia | Salvia Clevelandii | N, P, S | Full | Mod. | Hummingbirds, butterflies, bees |
| Scabiosa | Scabiosa spp. | A, P | Full | Mod. to Reg. | Hummingbirds, butterflies, bees |
| Sea holly | Eryngium | A, P | Full | Vary | Butterflies, bees |
| Sedum | Sedum spp. | SC | Full to partial | Little to Mod. | Hummingbirds, butterflies, bees |
| Senna | Senna spp. | S, T | Full to partial | Little to Mod. | Butterflies, caterpillars |
| Shasta daisy | Leucanthemum superbum | P | Full | Mod. | Butterflies |
| Shrimp plant | Justicia brandegeana | N, S | Full | Little to Mod. | Hummingbirds |
| Silene | Silene californica | N, A, P | Full to partial | Vary | Hummingbirds, butterflies |
| Sleepy hibiscus | Malvaviscus arboreus | S | Full to partial | Reg. | Hummingbirds, butterflies |
| Snapdragon | Antirrhinum spp. | P, A | Full | Reg. | Butterflies, caterpillars |
| Snapdragon, bush | Galvezia spp. | N, S | Full to partial | Little | Hummingbirds |
| Sneeze weed | Helenium spp. | N, P | Full | Reg. | Butterflies, caterpillars |
| Sorrel | Sorrel, Garden | A | Full | Reg. | Caterpillars |

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|--------------------|--------------------------|------------|-----------------|----------------|---|
| Spicebush | Lindera spp. | S, T | Full to partial | Reg. | Butterflies (swallowtail host) |
| Spider flower | Cleome | A | Full | Mod. | Hummingbirds |
| Spiraea | Spiraea | S | Full to partial | Mod. | Butterflies, caterpillars |
| Star clusters | Pentas | P | Full | Reg. | Butterflies |
| Strawberry/ornam. | Fragaria | P, A | Full | Reg. | Butterflies |
| Succulents | Succulent spp. | N, P | Full | Little | Hummingbirds |
| Sunflower | Helianthus spp. | A, P | Full | Reg. | Birds, butterflies, caterpillars |
| Swan river daisy | Brachyscome | A, P | Full | Mod. | Butterflies |
| Sweet Alyssum | Lobularia | A | Full | Reg. | Hummingbirds, butterflies, bees |
| Sweet brush | Clethra | S, T | Full | Reg. | Hummingbirds, butterflies, caterpillars |
| Sycamore | Platanus spp. | T | Full | Mod. | Butterflies, caterpillars |
| Taragon | Artemisia | P H | Full | Mod. | Caterpillars |
| Tecoma | Tecoma spp. | S, T, V | Full to partial | Mod. | Hummingbirds, butterflies |
| Texas ranger | Leucophyllum | S | Full | Little to Mod. | Birds |
| Thistle | Cirsium spp. | P,A | Full to partial | Little to nond | Caterpillars |
| Tobacco, flowering | Nicotiana | P | Full | Reg. | Hummingbirds, butterflies |
| Toyon | Heteromeles | N, S | Full | Mod. | Birds, butterflies |
| Trachelium | Trachelium | P | Full | Reg. | Butterflies |
| Trumpet vine | Campsis spp. | V | Full to partial | Mod. to Reg. | Birds |
| Trumpet vine | Distictis spp. | V | Full | Reg. | Birds |
| Vaccinium | Vaccinium | S | Vary | Vary | Birds, butterflies, caterpillars |
| Verbena | Verbena spp. | P, A | Full sun | Low to Mod. | Hummingbirds, butterflies, caterpillars |
| Verbena, blue | Verbena bonariensis | P | Full | Mod. | Butterflies |
| Viburnum | Viburnum | S, T | Full to partial | Reg. | Birds, butterflies |
| Veronica | Veronica spp. | P | Full | Vary | Birds, butterflies |
| Vetch | Vicia spp. | A | Full | Mod. | Caterpillars |
| Violet | Viola spp. | A, P, N | Full, vary | Reg. | Caterpillars |
| Watsonia | Watsonia | P corm | Full | Reg. | Hummingbirds, butterflies |
| Weigela | Weigela spp. | S | Full to partial | Reg. | Hummingbirds |
| Willow | Salix spp. | T, S | Full sun | Reg | Caterpillars |
| Wisteria | Wisteria | V | Full | Little to Mod. | Butterflies, caterpillars |
| Woolly blue curls | Trichostema | N, S | Full | Little to none | Hummingbirds |
| Yerba Santa | Eriodictyon californicum | N, P, S | Full | Little | Butterflies, caterpillars |
| Yucca | Yucca spp. | N, T, S | Full | Little to Mod. | Hummingbirds, caterpillars |
| Yucca, red | Hesperaloe | P | Full | Little to Mod. | Hummingbirds |
| Yarrow | Achillea | P | Full | Little to Mod. | Birds, butterflies |
| Zinnia | Zinnia | A, P | Full | Reg. | Birds, hummingbirds, butterflies |

A = Annual; P = Perennial; H = Herb; V = Vine; S = Shrub; SC = Succulent; T= Tree; GC = Ground Cover

N = some species native to California

Spp. = the abbreviation of "species" (more than one species in this genus may apply)

Top 10 butterfly nectar plants: Aster, black-eyed Susan, butterfly bush, coneflower, coreopsis, gayfeather, Joe Pye weed, lantana, milkweed, pentas

Top 10 caterpillar host/food plants: Alfalfa, aspen, cabbage family, clover, hackberry, milkweed, nettles, passion flowers, vetch, willow

Sources: Sunset Western Garden Book and Multiple Other Sources Rev. 1 June, 2016

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